

Academy of Organizational & Occupational Psychiatry  
**21<sup>st</sup> Annual Meeting: Work and Mental Health**  
March 20-21, 2010 at University Club of Chicago, Chicago, IL

**PROGRAM AGENDA**

**Saturday, March 20, 2010**

- 7:15-7:45 am Continental Breakfast
- 7:45-8:00 **Introduction: The Role of Work in Mental Health**  
*Daven Morrison, MD*
- 8:00 -10:00 **WORK AND FAMILY BALANCE I: An organization with 75,000 employees sets work/family/self balance as an objective**  
*David Morrison MD*
- 10:00-10:15 Break
- 10:15-Noon **WORK AND FAMILY BALANCE II: An organization with 75,000 employees sets work/family/self balance as an objective**  
*David Morrison MD*
- Noon-1:30 pm Lunch (on your own)
- 1:30-3:00 **ATTACHMENT STYLES IN THE WORKPLACE: Impacts on Mental and Physical Health**  
*Joshua B. Gibson, MD*
- 3:00-3:15 Break
- 3:15-4:45 **WHEN ILLNESS STRIKES THE LEADER: The Psychopolitics of Illness in High Office**  
*Jerrold M. Post, MD*
- 4:45-5:30 Break
- 5:30-6:30 **Cocktails - Meet the presenters and the participants**
- 6:30-9:30 **DINNER AND A MOVIE: Selections from "Madmen"**  
*Facilitators: Sandra Kopit Cohen, MD & Joshua B. Gibson, MD*

**Sunday, March 21, 2010**

- 7:30-8:00 am Continental Breakfast
- 8:00-10:00 **EMOTIONS IN THE WORKPLACE: FOCUS ON ANGER – When is anger adaptive & when is it maladaptive?**  
*Panel Discussion and Workshop with Steve Heidel, MD; Sandra Kopit Cohen, MD, Steve Pflanz, MD*
- 10:00-10:15 Break
- 10:15-11:45 **SUPPORTING MENTAL HEALTH AT WORK AND ON THE COUCH: Integrating Psychotherapy and Leadership Development**  
*Daven Morrison, MD & Joanne G. Parks MD*
- 11:45 Adjourn

## **PURPOSE**

This program will provide current information on selected organizational and occupational psychiatry topics and provide important resources and networking opportunities necessary for keeping current in organizational and occupational psychiatry.

## **INTENDED AUDIENCE**

This program is intended for organizational and occupational psychiatrists and others interested in organizational and occupational psychiatry.

## **EDUCATIONAL OBJECTIVES**

Following the program, participants should be able to:

- Identify the role of the organization in exacerbating or facilitating the balance of work and family demands
- Explain what senior executives mean by “balance”
- Describe a comprehensive approach to balance initiated by a large organization
- Describe current thinking on healthy and unhealthy attachments and their role at work
- Discuss recent research on health care utilization and attachment patterns
- Explain how the workplace impacts attachments
- Identify the effects of leader illness on executive decision making, emphasizing concealment of illness and terminal leadership
- Describe the impact of impaired leaders on the organization and how the organization can shield the public from knowledge of the leader’s illness
- Outline the impact of substance abuse on leader performance, “When the High and Mighty Get Mighty High”
- Utilize film and real workplace examples from the 1960s to discuss the psychiatric issues facing the modern workplace
- Describe the manifestations of anger in the workplace and discuss its appropriateness and impact in work settings
- Discuss the experience and theory of anger and how psychiatry’s expertise with affect and behavior can assist organizations in dealing with anger issues
- Utilize the case example to assess when professionals might benefit from combined psychotherapy and management consulting
- Demonstrate methods to separate the work and areas to work on
- Define the team approach between the consultant and the therapist

### **2010 Program Committee**

Daven Morrison, MD

Frederic Gerr, MD

Colleen A. Gross-Advani, BBA

Decisions related to educational content of this activity and speaker selection are responsibilities of the program committee. Companies providing financial support did not have input into these areas.

**DISCLOSURE POLICY:** Everyone in a position to control the content of this educational activity will disclose to the CME provider (University of Iowa Carver College of Medicine) and to participants all relevant financial relationships with any commercial interests. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

## **PROGRAM FACULTY**

**Sandra Kopit Cohen, MD**, Psychiatric Private Practice; Clinical Assistant Professor of Psychiatry, Cornell University Medical College, Assistant Attending Psychiatrist, The New York Presbyterian Hospital, New York, NY.

**Joshua B. Gibson, MD**, Assistant Clinical Professor, Department of Psychiatry, Langley Porter Psychiatric Institute, University of California – San Francisco, San Francisco, CA.

**Stephen Heidel, MD**, Psychiatric Private Practice; Clinical Professor of Psychiatry, Department of Psychiatry, University of California – San Diego School of Medicine, La Jolla, CA.

**Daven Morrison, MD**, Morrison Associates, Ltd, Palatine, IL.

**David Morrison, MD**, President, Morrison Associates, Ltd, Palatine, IL.

**Joanne Gail Parks, MD**, Private Practice, Joanne G. Parks, MD, SC, Northbrook, IL; Attending Psychiatrist, Rush North Shore Medical Center, Skokie, Illinois.

**Steven Pflanz, MD, Lt Col, USAF, MC, FS**, Commander, 579<sup>th</sup> Medical Operations Squadron, Bolling AFB, Washington, DC.

**Jerrold M. Post, MD**, Professor of Psychiatry, Political Psychology and International Affairs, Director of the Political Psychology Program, The Elliott School of International Affairs, The George Washington University, Washington, DC.

## **CONTINUING EDUCATION CREDITS**

### **Physician Credit**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The University of Iowa Roy J. and Lucille A. Carver College of Medicine and The University of Iowa College of Public Health. The Carver College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this educational activity for a maximum of 12.75 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Participants attending on March 20, 2010 only will be awarded 9.25 *AMA PRA Category 1 Credits™*. Participants attending on March 21, 2010 only will be awarded 3.5 *AMA PRA Category 1 Credits™*.

## **REGISTRATION FEES**

**\$790.00** – Saturday & Sunday, March 20 & 21, 2010 (**includes AOP membership**)

Registration fees apply to all registrants and include association membership, all presentations, course materials, and continental breakfasts. Register on-line at [www.aop.org](http://www.aop.org) or call 509-457-4611.

## **ACCOMODATIONS**

A room block has been reserved at University Club Chicago at a discounted rate of \$159 for Court, \$179 for Monroe and \$219 for Michigan rooms. The cut-off date is March 5, 2010. After that date, the club will continue to accept reservations, but only if space is available and at regular room rates. Please call the Club at 312-726-2840. Indicate you are attending the **Academy of Organizational & Occupational Psychiatry 21<sup>st</sup> Annual Meeting** to receive the discounted rate.

## **FUTURE AOP MEETING**

**April 9 & 10, 2011 at University Club of Chicago, Chicago, IL**